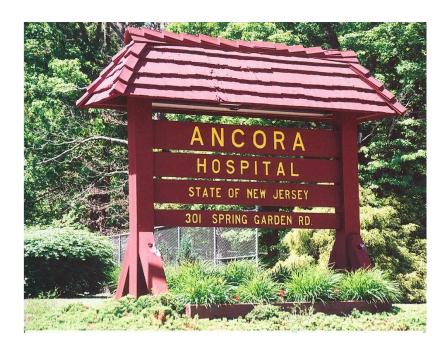
## STATE OF NEW JERSEY DEPARTMENT OF HEALTH DIVISION OF BEHAVIORAL HEALTH SERVICES

# ANCORA PSYCHIATRIC HOSPITAL CLINICAL PSYCHOLOGY INTERNSHIP TRAINING PROGRAM



Philip D. Murphy, Governor
Sheila Y. Oliver, Lt. Governor
Judith M. Persichilli, RN, BSN, MA, Commissioner of Health
Deborah Hartel, Deputy Commissioner Integrated Health Services
Christopher Morrison, Assistant Commissioner Division of Behavioral Health Services

Joseph Canale Acting Chief Executive Officer

Monica Malone, Psy.D.

Acting Administrator of Psychological Services
Director of Internship Training

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### ANCORA PSYCHIATRIC HOSPITAL CLINICAL PSYCHOLOGY INTERNSHIP TRAINING PROGRAM

#### **INTRODUCTION**

Ancora Psychiatric Hospital's (APH) Psychology Department offers a full-time, one-year doctoral internship program accredited by the American Psychological Association (APA). There are three positions available to eligible graduate students enrolled in accredited clinical or counseling psychology doctoral programs. The program is designed to provide a well-rounded, diverse training experience in the treatment and assessment of individuals with serious and persistent mental illnesses, equipping interns with the skills needed to function as entry-level psychologists in similar settings. The program guides interns in the development of competencies in psychotherapy, psychological assessment, consultation and interdisciplinary healthcare, the evaluation and application of literature and research, professional conduct/ethics/legal matters, and individual and cultural diversity. Interns should expect a balance of clinical work, supervision, and didactic training within an environment that is both encouraging and challenging.

APH has been training psychology interns since 1970 and has been APA-accredited since 2000. Our most recent APA site visit was in 2019, and we were awarded accreditation for ten years. Questions related to the program's accredited status should be directed to the Commission on Accreditation:

Office of Program Consultation and Accreditation American Psychological Association 750 First St. NE, Washington, DC 20002-4242 Phone: (202) 336-5979 / Email: <a href="mailto:apaaccred@apa.org">apaaccred@apa.org</a>





#### ABOUT ANCORA PSYCHIATRIC HOSPITAL



Opened in 1955 on 650 acres of land in the Pinelands of South Jersey, APH is about 30 miles east of Philadelphia, PA, and 30 miles west of Atlantic City, NJ. With over 1250 full-time staff members serving approximately 400 patients, APH is the newest of three state psychiatric facilities operated under the auspices of the Division of Behavioral Services within the New Jersey Department of Health. The hospital is fully accredited by the Joint Commission and certified by the Centers of Medicare and Medicaid Services (CMS).

APH's dedicated mission is to care and support each person's journey toward wellness and recovery within a culture of safety. The hospital's vision is to be recognized as a trusted leader in the provision of quality inpatient care. Training and professional development are highly valued and viewed as integral to the overall mission of the hospital.

APH provides inpatient psychiatric, psychological, and support services for adults primarily from counties in Southern New Jersey. Services are also provided for selected forensic patients from across the state. Patients are referred for admission from community and county hospitals, community mental health screening centers, developmental centers and from a variety of forensic settings through a centralized admission office. APH provides services to a diverse population including individuals with varying legal statuses, ethnic backgrounds, and socioeconomic statuses. Diagnoses vary through the spectrum of psychopathology and include schizophrenia, bipolar and other mood disorders, personality disorders, and neurocognitive disorders. As of December 2019, the racial profile of patients indicated that 61% were white, 37% were black, and 2% were of other races. Only individuals over the age of 18 years are admitted for treatment.

#### HOSPITAL ORGANIZATION OF PATIENT CARE

The hospital currently consists of five patient- occupied buildings (Main Building, Birch Hall, Larch Hall, Cedar Hall, and Holly Hall). There is a cafeteria, gymnasium, chapel, snackbar, swimming pool, greenhouse, and a community - organized Self-Help Center, the Fresh Start Wellness Center, on grounds. Patients have daily individualized schedules which include programs offered by almost all clinical disciplines to learn and build upon skills necessary for successful community living. Treatment teams work with patients to select groups and activities based on patient-identified goals. Most scheduled programs, including psychology groups, take place at the treatment malls.

APH's healthcare is organized according to four primary service divisions: Admissions/Acute Care, Extended Care, Geriatric-Psychiatric Care, and Forensic Care. Each building has two to four treatment units for a total of 16 operational patient care units across the entire hospital. Services are provided to address a variety of client needs including the client's legal status, level of functioning, level of care needs, and anticipated length of hospital stay.



Pathway to Maple Hall Treatment Mall

Admissions/Acute Care Services: There are three admission units located in Birch Hall. With the exception of some forensic, geriatric, and intellectually and developmentally disabled patients, patients proceed through the Admissions Intake Department and then are transferred to one of the three admissions units. The three admission units are able to accommodate approximately 60 patients. The average length of stay is about 45 days. In that time, patients are either discharged or transferred to another treatment building. While in admissions, efforts are made to stabilize the patient's mental status and to provide appropriate medical care. Basic self-care needs are addressed. Psychologists in Admissions complete assessments, particularly violence risk assessments, and they also provide both individual and group psychotherapy.

Patients who need longer term care are typically transferred to one of the four acute care units in Larch Hall. Larch Hall has approximately 115 beds. Psychologists on these units provide a full range of psychological services including individual and group psychotherapy and psychological assessment. Larch Hall is home to the hospital's Dialectical Behavior Therapy Unit.



Main Building

<u>Extended Care Treatment Services</u>: Cedar Hall has approximately 90 beds on three units for male and female patients. These units provide treatment options for patients with a variety of treatment and rehabilitative needs. Patients present with a variety of psychological difficulties, legal statuses, developmental disabilities, levels of intelligence, and chronic mental illnesses.

Extended Care includes two specialized Positive Behavior Support units. These units are uniquely structured and provide individualized behavioral support for both male and female patients. Patients are referred to these units and consent to participate in the unit's token economy program and enriched, skill-building environment. The Psychology Department's Behavioral Services team works on these two units. The third unit is a developing program for people with discharge challenges, to facilitate their re-entry to life outside the hospital.



Cedar Hall

<u>Forensic Services</u>: The Secure Care Unit (Holly Hall) is a 120-bed unit that services patients who have had some involvement with the legal system. The patient population generally includes patients on detainer status, patients with outstanding charges referred for treatment and stabilization prior to their court hearings, patients found Incompetent to Stand Trial (IST), patients who fall under the provisions of Megan's law, and those who have been adjudicated Not Guilty By Reason of Insanity (NGRI). State statutory provisions shape the forensic mission of each unit. Three of the four units house predominately NGRI, IST, and detainer patients while Holly Hall B unit is dedicated to the specialized treatment of sex offenders.

Geriatric-Psychiatric Services: Geriatric care services are located in the Main Building and are provided on a co-ed unit. The geriatric unit has a bed capacity for 30 patients. The majority of the geriatric population is 65 years of age or older. Most of these patients present with histories of psychiatric hospitalizations reflecting chronic mental illness. Additionally, many patient admissions are related to the behavioral manifestations of neurocognitive disorders. The Geriatric Services rotation provides a specialized opportunity to work with an interdisciplinary team of geriatricians, geriatric psychiatrists, nurse practitioners, physical and occupational therapists, dieticians, social workers, and recreational/rehabilitative staff.

#### ANCORA PSYCHIATRIC HOSPITAL PSYCHOLOGY DEPARTMENT

The APH Psychology Department is an independent department hierarchically organized under the supervision of the hospital's Chief Executive Officer and Deputy CEO for Clinical Services. Currently, the Psychology Department consists of 15 doctoral level psychologists, 2 board certified behavior analysts, and 14 Behavior Support Technicians (BSTs). Although licensure is not required for employment at APH, 12 psychologists are licensed in the state of New Jersey and 5 are licensed in Pennsylvania. There is one clinician assigned to each hospital unit, with designated Psychology Service Coordinators for each service division. BSTs work under the supervision of the board certified Behavior Analysts and the ward Psychologist. They are responsible for developing and implementing a variety of behavioral interventions in Extended Care, including a token economy and the DBT informed skills system.

#### PSYCHOLOGY INTERNSHIP PROGRAM OVERVIEW

#### TRAINING MODEL AND PHILOSOPHY

The overarching goal of the clinical internship at APH is to recruit, select, and train qualified psychology interns whose career goals include the provision of clinical services to a diverse adult population of patients with severe and persistent mental illness. We aspire to foster a strong professional identity for the entry-level psychologist and to encourage lifelong engagement in the dynamic process of professional competency. APH interns may expect to develop knowledge and skills in the areas of psychotherapy, psychological assessment, consultation in interdisciplinary healthcare, research, ethics/legal matters, individual and cultural diversity, professional values/behavior, professional communication and interpersonal skills.

The APH Psychology Department maintains a philosophy that effective internship training requires a balance of clinical experience, supervision, and didactic training in an environment that provides encouragement and challenge. This philosophy is formalized in an Integrative-Developmental-Practitioner Model, a training model that combines experiential and didactic learning as well as learning through mentorship and supervision. Our training model also aims to provide a well-rounded, diverse training experience. Interns benefit from the breadth and depth of experience from therapy training with two different psychologists on two different APH units, psychological assessment training on cases referred from throughout the hospital, a full day each week of training at an affiliated site, and a didactic series offering a wide-range of topics. The psychology department includes clinicians from varied backgrounds and theoretical orientations, and our interns have the opportunity for exposure to different points of view and psychological methodologies.

#### STRUCTURE OF THE TRAINING YEAR

The full-time internship offers 1750 hours of training, consistent with the licensing requirements of the State of New Jersey. The program is able to accommodate those individuals who would like to accrue 2000 hours during the year in order to meet the requirements of their graduate program or state licensing board. Arrangements for this must be made at the beginning of the internship year.

Interns maintain a five-day, 35-hour work week schedule. Interns work with their APH therapy supervisors at least two days per week and with their diagnostic supervisor one day per week. The fourth day per week is spent in supervised training at an affiliated site. A fifth day per week is typically spent in didactic training on campus or off-grounds with the Department of Human Services Professional Staff and Psychology Intern Colloquium Series. The Colloquium Series provides all-day training two Wednesdays per month.

#### PRIMARY TRAINING EXPERIENCES

APH Psychotherapy Training: Interns spend two days per week with their psychotherapy supervisor, and after six months, they rotate to a different therapy supervisor. The psychotherapy supervisor is considered the intern's primary supervisor, and interns receive at least one hour per week of regularly scheduled individual supervision with this supervisor in the practice of individual and group psychotherapy. The psychotherapy supervisor assigns cases, and each intern is expected to carry a caseload of four to seven individual patients. No later than during the second rotation, interns are expected to develop and lead their own psychotherapy groups. Interns are also expected to co-lead, with their supervisors, one to two group therapy sessions per week. Some of the psychotherapy groups include Psychological Symptoms Management, Emotional Regulation, Managing Depression, Managing Anxiety and Panic, Cognitive Enhancement Therapy, Metacognitive Training, and forensic-specific group psychotherapy.

Interns may have the opportunity to complete their therapy rotations in two different service divisions (Admissions/Acute Care, Extended Care, Forensic/Secure Care, and Geriatric-Psychiatric Care). Incoming interns are asked to rank order their service division preferences prior to their entrance into the program. All efforts are made to match interns with their preferred rotations. However, depending on supervisor availability and cohort interests, we cannot guarantee assignment to a particular service division.

APH Psychodiagnostic Training: Interns also spend one day per week with their diagnostic supervisor, and in this context, they work to improve their clinical interviewing skills and to gain or enhance their competence in administration, scoring, and interpretation of traditional projective and objective assessment instruments. It is the responsibility of the diagnostic supervisor to provide testing referrals and to demonstrate and/or observe the administration of a "core battery" of psychological tests at the beginning of the training year. Additional observation occurs whenever indicated by an intern's specific need or when a new test is being introduced. The "core battery" currently includes a neuropsychological screening assessment, a cognitive measure, and objective and projective personality assessment measures. The specific

tests utilized may include the Bender-Gestalt II Test, the House-Tree-Person, the WAIS-IV, the Rorschach Inkblot Test, the TAT, and/or the MMPI-2 or MMPI-2-RF, the MCMI-IV, and the The intern may also be introduced to any number of other assessment instruments including specialized instruments used in the geriatric, intellectual disability, vocational and forensic settings. Most assessments are for the purpose of understanding the patient's present mental status and/or personality styles, although other testing referrals may address narrowly defined questions. During the first half of the training year, the diagnostic focus is more on traditional evaluations requiring personality descriptions, differential diagnosis, and/or determinations of intellectual functioning. As the year progresses, greater emphasis is given to more specific referral issues such as suicide, violence, or sexual dangerousness risk assessments, or the assessment of neuropsychological functioning. Increasing emphasis is placed on improving the intern's skill in choosing appropriate diagnostic tools to answer referral questions, and in organizing and integrating interview and test data into a meaningful psychological report. Interns are expected to complete one psychological testing evaluation per month for a total of 12 integrated testing batteries completed by the end of the year.

<u>Interdisciplinary Healthcare</u>: Clinical services at APH are organized around a multidisciplinary treatment approach to patient care. Consistent with this approach, each psychology intern has the opportunity to be a member of a treatment team consisting of his or her primary supervisor, a psychiatrist, social worker, nurse, and administrative program coordinator. Each treatment team provides multidisciplinary services to a single hospital unit of approximately 19-35 clients. In this setting, the intern has the opportunity to observe and work in an inpatient setting and to interact in a professional capacity with staff from other disciplines.

<u>Affiliated Site Placement</u>: Interns spend one day per week at their affiliated site. Sites may offer interns an opportunity to work with clients who would not normally be admitted to APH, or alternatively, the affiliated site may offer an opportunity to gain specialized experience in a specific area of clinical practice. At the affiliated site, the intern's work will reflect the needs of the facility as well as the needs of the clients. Interns may be asked to perform individual, group, couples, or family therapy. Psychological testing may also be part of the training experience.

Our affiliated placement sites are subject to change from year to year. Some sites require a preplacement interview with the intern. We are not able to guarantee a specific affiliated site placement during the application process. Please see Appendix A for a description of recent affiliated placement opportunities. Here are some of our recent affiliated-site placements:

- Cooper University Hospital (neuropsychological testing focus)
- Rutgers University Correctional Health Care at South Woods State Prison or Southern State Correctional Facility
- Ann Klein Forensic Center (forensic assessment focus)
- Thomas Jefferson University Outreach Program (substance abuse treatment focus)
- Rutgers University Counseling Center (college counseling focus)

<u>Licensed Supervision</u>: The process of supervision is consistent with the program's Integrative-Developmental-Practitioner Model. Supervisors seek to help the interns integrate academic learning with their patient experiences and then assess the effectiveness of this integration through questions and observation. Supervisors also structure the interns' training in such a way

that learning is graduated and varied. Clinical supervisors encourage interns to interact with patients of different cultural backgrounds, at different levels of functioning, and representing various diagnostic categories. The process is developmental as it recognizes that the nature of supervision changes over time, moving from providing the intern specific assistance, techniques and skills to meeting the intern in a more global, consultative approach. Our supervisory process is also a practitioner-oriented process that encourages "learning by doing." In this manner, the intern adopts the role of clinician by observing and modeling the behaviors of the supervisor while also receiving feedback on actual therapy/assessment cases. With supervision, the intern learns to formulate cases based on a sound theoretical foundation and to translate this formulation into appropriate diagnostic skills and therapeutic techniques.

All interns are provided with at least five hours of supervision weekly. Interns receive three hours of individual supervision each week between their APH therapy supervisor, APH psychodiagnostic supervisor, and affiliated site supervisor. Interns receive another two hours of weekly supervision in a group format. At least three hours of supervision each week is provided by a psychologist who has been licensed in New Jersey for more than two years. In group supervision, interns are assigned to present an in-depth therapy or testing case conceptualization to their peers and a supervising psychologist and to practice giving and receiving peer consultation and feedback. Group supervision will also facilitate the interns' development in multicultural competence.

Training in Individual Differences and Cultural Diversity: The Department of Psychology at APH concurs with the central premise of the APA *Guidelines on Multicultural Education, Training, Research, Practice and Organizational Change for Psychologists* (APA, 2002) and acknowledges that the population of the United States is racially and ethnically diverse. It follows that students, research participants, clients, and the workforce are increasingly likely to come from racially and ethnically diverse groups. APH's Psychology Department defines diversity as aspects of identity related to race, ethnicity, sexual orientation, gender, abilities, religion, native tongue, socioeconomic status, and culture.

Seminar Training: An important facet of this internship program is the integration of applied clinical experience with a sound base of theoretical knowledge. To accomplish this, interns participate in two seminar tracks. The first is a series of seminars sponsored by the APH Psychology Department. These in-house seminars are an adjunct to the regular clinical and professional training interns receive here at the hospital. The second set of seminars is offered through the New Jersey Department of Health and is referred to as the Professional Staff and Psychology Intern Colloquium Series. Here, interns participate in twice-monthly didactic seminars covering a broad range of topics relevant to the profession of psychology. The presenters are typically accomplished clinicians in their particular areas of expertise. Presentations may include specialized lectures on specific risk assessment measures, competency to stand trial assessments, providing court testimony, neuropsychology of severe mental illness, first episode psychosis, psychological services in the prison systems, developing a forensic private practice, harm-reduction approaches to substance abuse treatment, the different expressions of sexuality etc. Additionally, during the second half of the year, interns are required to present a comprehensive therapy or testing case at the Colloquium Series for a collegial round-table discussion.

Clinical Project and Presentation: In addition, interns are expected to complete a clinical project during the internship year. Projects are largely dependent upon the unique interests of the intern and how they would like to contribute to the hospital community. The intern project may be any activity that is outside of the normal training structure of the program. Interns may elect to complete a research project involving patients. In this case, they must prepare and present a research proposal to the Directors of Training and the Hospital Research Committee for preapproval before proceeding towards the completion of their project. Interns have also worked alongside various members of the psychology department to complete larger hospital and/or departmental projects. Recent intern projects have included the development and presentation for APH nursing staff on basic behavioral principles/positive behavior supports, active membership and presentation on guardianship policy and law to the State's Older Adult Committee, the collection and analysis of data related to employee support following on-the-job injuries based on surveys collected from over 500 APH staff and the development of a professional library at the hospital. Time to conduct the clinical project is generally allocated during regular working hours but may also be completed after hours if a supervisor is onsite.

Finally, interns are also expected to present their dissertation research to the APH Psychology Department. This presentation is highly dependent on the intern's dissertation status and may range from a theoretical justification and literature review of their topic, for the intern just beginning the dissertation process, to a synopsis of the dissertation defense for those who have defended their dissertations.

#### TRAINING GOALS AND OBJECTIVES

The APH Internship Program provides a guided clinical experience which affords the intern the opportunity to function in various roles associated with the practice of professional psychology. The two major roles emphasized are those of the psychotherapist and the psycho-diagnostician. The development and/or refinement of specific skills and competencies associated with these clinical roles form the basis for our program's training goals. APH interns may expect to develop knowledge and skills in the areas of psychotherapy, psychological assessment, consultation in interdisciplinary healthcare, the application of literature and professional conduct/ethics/legal matters, and individual and cultural diversity. Training goals are focused on the following profession-wide competencies and the program objectives and elements associated with them:

#### 1. Psychotherapeutic Intervention

- Safety and crisis management
- Risk assessment/Risk management
- Theoretical case conceptualization and treatment planning
- Therapeutic interventions
- Group therapy skill and preparation
- Effective use of emotional reactions in therapy (addressing countertransference)
- Patient rapport/Working relationships

#### 2. Psychological Assessment

- Clinical interviewing skills
- Diagnostic skills
- Psychological test selection and administration
- Psychological test scoring and interpretation
- Assessment writing skills
- Feedback regarding assessment
- Patient risk assessment/Risk management
- Patient rapport/Working relationships

#### 3. Consultation and Interdisciplinary Health Care:

- Consultative guidance
- Knowledge of treatment roles of other disciplines
- Professional interpersonal behavior

#### 4. Application of Research and Literature to Clinical Work:

- Evaluation and dissemination of research
- General psychological knowledge
- Seeks current scientific knowledge
- Development and implementation of a research project
- Case presentation at the Colloquium Series
- Presentation of dissertation to department/peers

#### 5. Consultation and Interdisciplinary Skills

- Consultative guidance
- Knowledge of treatment roles of other disciplines
- Professional interpersonal behavior

#### 6. Ethics, and Legal Matters

- Knowledge and conduct consistent with ethics and law
- Application of laws and ethical standards to real and hypothetical situations

#### 7. <u>Individual and Cultural Diversity</u>

- Patient rapport and working relationship
- Sensitivity to patient and staff diversity

#### 8. <u>Communication and Interpersonal Skills</u>

- Using positive coping strategies in dealing with personal challenges
- Consultative guidance
- Assessment writing skills
- Feedback regarding assessment
- Patient rapport/Working relationships

#### TRAINING PLAN DEVELOPMENT AND INTERN COMPETENCY ASSESSMENT

At the start of the internship year, each intern completes an Initial Self-Assessment of their prior experiences in order to establish a perceived skill level with specific theoretical and practice orientations, assessment measures, and treatment/assessment of specific problems or diagnoses. The information is used to help interns identify and clarify specific training and career goals. The intern then reviews the Initial Self-Assessment with each of their supervisors, and the supervisor and intern collaboratively develop an initial Training Plan of specific goals within the eight profession-wide competencies. This Training Plan becomes the touchstone for all training and supervision activities. If any adjustments to the training plan agreement are necessary to help interns maximize their training experience, they can be made at any time. At six months, a final Training Plan is similarly developed. Feedback regarding the intern's progress toward his or her goals and level of competency is provided informally during the course of supervision and formally in written evaluations every three months. The intern, supervisor, and the Training Directors sign each evaluation. Copies of the evaluation forms are provided to the interns at the beginning of the training year and are available to any interested applicant upon request.

Clinical Competency Issues and Remediation Procedure: Good standing and satisfactory progress are required for retention in the APH Internship Program. It is consistent with APA's Committee on Accreditation requirements that interns demonstrate intermediate to advanced levels of professional skills in selected areas relevant to competent practice. Good standing in the program is determined through a series of satisfactory ratings of the intern's progress provided at three-month intervals throughout the internship period. The developmental nature of our training model assumes that each new skill or competency is built upon previously mastered skills and competencies. Our goals and competencies are oriented towards independent and ethical practice. Therefore, failure to achieve skills and/or competencies or failure to value those processes which lead to independent and ethical practice is unacceptable. If a problem is apparent, the supervisor develops a remediation plan and documents progress in resolving the problem. If a supervisor believes that an intern is not making acceptable progress despite their mutual efforts at remediation, the remediation effort is reviewed by increasingly higher levels of administration until remediation is successful or until some other decision is made with regard to the intern's ability to successfully complete the training program.

#### INTERNSHIP ADMINISTRATIVE STRUCTURE

<u>Psychology Internship Program Training Staff</u>: Please refer to Appendix B for a full description of the APH Internship Training Staff.

<u>Director of Training</u>: The Directors of Training are responsible for the administration and coordination of the various components of the APH Psychology Internship Program. Dr. Monica Malone currently serves as Director of Internship Training. Dr. Malone is a licensed New Jersey psychologist. The Director of Training has an important role in the intern selection process and in the maintenance of supervisory and training standards. She coordinates with the APA, APPIC, other New Jersey State Directors of Internship Training, and all off-site supervisors.

APH Psychiatric Hospital Internship Committee: The Internship Committee is chaired by the Director of Training and includes all internship supervisors, the intern representative and other psychologists. Members of this committee participate in the administration of the APH Internship Program and have input into intern selection and evaluation, supervisor selection, program development, affiliated site development, and quality improvement. Members of the Internship Committee provide direct psychotherapy and diagnostic supervision for the interns and lead on-site training seminars.

<u>Intern Representative</u>: The Intern Representative is a psychologist and member of the Internship Committee but has no direct intern supervisory responsibility. He or she is an individual who acts in a supportive role for the interns and is regularly available for discussion about concerns, professional development, post-internship career options, and issues related to the internship year. The Intern Representative meets with interns as a group once or twice a month for open discussion and is available on an as-needed basis to the interns.

#### INTERN-STAFF RELATIONS AND CONFLICT RESOLUTION

Recognition of the Rights of Interns and Staff: The right of interns and staff to be treated with mutual courtesy and respect is foundational to the APH Internship. While a hierarchical structure is inherent in the internship training model, interns are provided many opportunities to make decisions about their training. Interns have a voice in determining their affiliate site, their rotation placements within the hospital, and the content of their training plans. Ethical and appropriate behavior from supervisors is of the greatest importance and critical to the success of the internship program. Every supervisory appointment is jointly designated by the APH Internship Committee and reviewed by the Director of Training. All prospective supervisors complete a formal supervisory training program.

Employment Conflict Resolution and Grievance Procedures: First and foremost, psychology interns are employees of the State of New Jersey. They are protected by the same general due process and grievance procedures that cover all state employees. Interns, like all employees, are informed of these rights, policies and procedures during the New Employee Orientation. Interns can be terminated from employment with the State for violations of New Jersey State law, policies, or procedures. Participation with the internship does not exempt an intern from the general rules that all staff must follow. There is a formalized procedure for the resolution of employment disputes, conflicts, and/or concerns involving an intern in the Psychology Internship Program. A full description of the process is provided to interns at the start of their training year, and a copy of the Grievance Procedure and Due Process is available to any applicant upon request. If, at any point, there is a discussion with an intern regarding discipline, early withdrawal from the program and/or the possibility of an unsuccessful completion of the internship, a representative from the Department of Behavioral Health of the New Jersey Department of Health must be present.

#### TRAINING MATERIALS AND LIBRARY SERVICES

The APH Psychology Department provides sufficient training materials and equipment to ensure an exceptional learning opportunity. Each intern is provided his/her own testing kit for the year which includes materials to help form a core testing battery. Current interns' kits include a WAIS-IV, WASI, Bender-Gestalt Test, Rorschach Inkblot Test, and TAT. Other test materials are available to the interns through the office of each Psychology Service Coordinator.

The psychology department maintains a professional library on the first floor of the Main Building. This contains extensive resources representing varied theories and treatment approaches. In addition, there is an extensive collection of CDs and DVDs on professional topics available for loan.

APH's psychology department also has access to a wealth of information through the New Jersey State Library, an affiliate of Thomas Edison State College. As State employees, interns can easily apply online for a library card which will grant them access to the library's electronic resources and databases (including PsycINFO) as well as ILLiad, an online system to request articles and books. This partnership allows access to almost anything available in any library.

#### ADMINISTRATIVE/TECHNICAL SUPPORT AND ANCILLARY SERVICES

Psychology interns have access to the APH Portal, a computerized database of a select portion of patients' medical records. Clerical and technical supports are available to the interns both within the Psychology Department and from other hospital-wide resources. Technical support for the interns and the internship program is also provided through programming expertise for the computers that are specifically designated for the Psychology Department. APH also maintains its own Security, Police, Fire Department, and infirmary staff that can respond to emergencies as needed.

#### PHYSICAL FACILITIES

The interns are provided a private office suite in Sycamore Hall which is fully furnished and includes three computers, printers, and a telephone with voicemail. One of these computers also provides access to electronic scoring programs for various psychological tests. Each treatment team room is equipped with a computer and a printer that are part of the Local Area Network (LAN) system. Interns are able to send and receive emails and have access to the APH Portal from any computer that is part of the LAN system in the hospital. There are also copy machines available for intern use throughout the hospital, including at Sycamore Hall. Individual therapy and psychological testing are conducted in areas designated by the intern's supervisor. Group therapy sessions may be held in the treatment malls, conference rooms, or unit dayrooms.

#### 2020 – 2021 SALARY AND BENEFITS

The stipend for the 2020-2021 internship class is \$30,951. Interns receive approximately 67.2 hours of vacation time, 84 hours of sick leave, and 33.6 hours of paid administrative leave. Interns also enjoy State Holidays. Depending on when the intern's affiliated site training day is and whether that day falls on a holiday or not, the final salary may increase or decrease accordingly. No medical/health insurance coverage is provided, but in the event of an injury, interns will receive Workman's Compensation. Interns may also be enrolled in the pension plan. Interns must maintain their own malpractice insurance and must provide proof of same prior to the beginning of the internship year.

#### REQUIREMENTS FOR THE SUCCESSFUL COMPLETION OF THE INTERNSHIP

Upon successful completion of the internship program, each intern will receive a certificate from APH's CEO and Co-Directors of Training. Satisfactory completion requires the following:

- 1. Completion of 1750 clinical hours (full-time for 12 months) during the training year.
- 2. Successful clinical performance throughout the course of the internship year in their clinical work as evaluated by the intern supervisors' completion of the Intern Interim Evaluations and mid-year and final Intern Competency Assessments.
- 3. Satisfactory completion of all written requirements to include completion of all assessments, testing batteries, progress notes, seminar presentation, and the intern project.
- 4. Attendance at all required APH seminar presentations. The Co-Directors of Training must excuse absences from required training.
- 5. Attendance at scheduled bimonthly colloquium series trainings as sponsored by the Department of Human Services. The Co-Directors of Training must approve absences from required training.
- 6. Successful completion of 12 psychodiagnostic batteries, ongoing individual therapy for at least four patients during each rotation, and the co-leading of at least two ongoing psychotherapy groups during the internship year. It is expected that the intern will develop, lead and maintain his or her own therapy group at least by the beginning of the second rotation.

The APH Internship Committee has the final approval in the granting of certificates. The decision is based upon evaluations from APH supervisors, evaluations from the affiliated site supervisor(s), and consultation with the Directors of Training.

#### INTERNSHIP ADMISSION REQUIREMENTS

Pre-doctoral applicants must have graduated from an accredited college or university with a Bachelor's Degree, supplemented by a Master's Degree (or equivalent as certified by the applicant's university training director) from an accredited college or university. Candidates must be enrolled in a doctoral program in applied psychology (clinical or counseling) at an accredited university or professional school and must be approved by their Training Director for

the internship. Successful applicants should have completed graduate course training in each of the following areas:

- 1. Coursework in the following:
  - o Personality development and psychopathology
  - o Theories of learning
  - o Objective and projective assessment
  - o Psychotherapeutic intervention
  - o Intellectual/cognitive assessment
  - o Research design and statistical analysis
- 2. Minimum graduate practicum experience:
  - o **50** doctoral assessment hours
  - o **Three** integrated psychological reports
  - o **Three** clinical reports that included the administration, scoring, and interpretation of the WAIS-IV
  - One clinical report that included the administration, scoring, and interpretation of the Rorschach Inkblot Test using an empirically supported, systematic scoring system
  - o **500** doctoral intervention hours
  - Psychotherapy experience

#### APPLICATION PROCEDURES

Application materials to be submitted for consideration:

- 1. Transcripts of all graduate work
- 2. Three letters of recommendation (preferably from clinical supervisors)
- 3. A curriculum vitae or resume
- 4. A recent, integrated psychological evaluation
  - O This work sample should be a copy of an integrated psychological evaluation, completed within the past 24 months, with the applicant's name and the supervising psychologist's name and title. All patient identifying information should be removed. An integrated psychological evaluation, for this purpose, is defined as an evaluation that organizes and integrates historical information, clinical interview findings, and testing results into one cohesive report which addresses a referral question and concludes with diagnoses and treatment recommendations.

Application materials must be submitted by **November 26, 2019**. We will make every effort to evaluate materials in order to notify applicants of their interview status by December 14, 2019.

As a member of the Association of Psychology Postdoctoral and Internship Centers (APPIC), we recognize the benefits of a matching program as an effective and fair means of processing applications and implementing a standardized acceptance date. This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-

related information from any intern applicant. Please follow the application procedures as they are listed and described at <a href="www.appic.org">www.appic.org</a>. Do not mail applications to APH. All supporting materials (transcripts, recommendations and work sample) are to be included as part of the APPIC application package.

#### INTERN ELIGIBILITY AND SELECTION

The APH Internship Program encourages applications from all qualified applicants regardless of race, sex, gender, sexual orientation, religion, or physical disability. A candidate who is considered eligible is invited for an on-site interview. At this time, no telephone or online videoconferencing interviews are available. Because we believe that the cultural diversity of our staff and interns should reflect the same diversity found among our patients, minority status is given consideration during the ranking process.

For the 2020-2021 intern class, interviews are scheduled for January 7, 8, and 9, 2020. Applicants assemble as a group and meet clinical supervisors and current interns. The Directors of Training will make a formal presentation about the internship program to the group and answers questions from the applicants. Individual presentations will follow from several APH psychologists describing the range of available training opportunities. Applicants will then answer a series of questions presented to them in a group format. Each applicant is then interviewed individually by one or two supervisors in a process that takes about 45 minutes. Applicants waiting for their interviews or who have finished their interviews are offered a tour of the facility. The entire interview process should take no more than five hours. Our internship program is committed to providing access for all people with disabilities and will provide reasonable accommodations if notified within 10 days of the interview.

Appointment to the Psychology Intern title at APH is contingent upon satisfying certain eligibility requirements for employment with the State of New Jersey. Employment is contingent upon a satisfactory background check, drug testing, and health screening. After a student is matched to the internship program, they must complete a hospital application and declare all prior convictions. Fingerprinting is completed, and all convictions are subject to review by hospital administration and/or the Commissioner. Students must also undergo testing for controlled dangerous substances, at the expense of the applicant. Prescription drugs must be taken in accordance with the prescription, and any positive test results must be corroborated against the prescription. Persons with mental or physical disabilities are eligible as long as they can perform the essential functions of the job after reasonable accommodation is made.

Please contact the Director of Training if you have any specific questions or concerns. Monica Malone, Psy.D.

Ancora Psychiatric Hospital
301 Spring Garden Rd
Ancora, NJ 08037

Telephone: (609) 567-7322

Email: Monica.Malone@doh.nj.gov

#### APPLICATION INFORMATION IS SUBJECT TO CHANGE.

Please see the most current internship brochure for updates prior to submitting your application.

The brochure may be found at:

 $\frac{https://nj.gov/health/integratedhealth/dmhas/documents/hospitals/ancora/APH\_Internship\_Broch\_ure.pdf$ 

#### Appendix A

#### RECENT AFFILIATED PLACEMENT OPPORTUNITIES

Please note that all affiliated placement sites are subject to change.

Ann Klein Forensic Center Stuyvesant Avenue P.O. Box 7717 West Trenton, NJ 08628

**Director of Psychological Services:** Habib Nayerahmadi, Ph.D.

**Coordinator of Internship Training:** Jeffrey Palmer, Psy.D.



Site Description: The Ann Klein Forensic Center is a 200-bed psychiatric hospital serving a unique population that requires a secured environment. The facility provides care and treatment to individuals with mental illness, who may be involved with the legal system. The psychology intern typically has three separate rotations throughout the year, working with a different supervisor and on a different unit. One of the rotations involves going into the county jails with a supervisor to conduct IST30 competency to proceed evaluations. One of the other rotations involves intensive forensic psychological evaluations on Units 7 and 8, units that primarily address personality disorders and serious legal considerations. During another rotation, the intern will have more contact with the clinical teams and meet with patients. This offsite placement opportunity is primarily focused on forensic assessment, although some interns are also able to participate in Competency Restoration Groups according to the defined protocols.

The Department of Psychology in Ann Klein receives applications from APH, depending upon whether an intern requests an out-placement in Forensic Psychology. Intern supervisors at Ann Klein look for a demonstrated interest in Forensic Psychology in past coursework and practicums, subsequently interviewing and selecting an intern. In all cases, Ann Klein attempts to obtain a 'good fit' between the intern's specific training expectations, and the ability to match them – along with good working relationships.

South Woods State Prison /Southern State Correctional Facility
Rutgers Biomedical and Health Sciences/University Correctional Health Care
Bates Building 2<sup>nd</sup> Floor
PO Box 863
Whittlesey Road and Stuyvesant Avenue
Trenton, NJ 08625

**Program Director:** Mitch Abrams, Psy.D.

#### **Clinical Supervisors:**

Richard Gaudet, Psy.D. & James Tscherne, Psy.D.

<u>Site Description</u>: Intern(s) may be placed at either South Woods State Prison or Southern State Correctional Facility under the supervision of a psychologist on the Rutgers' UCHC team. Interns may carry a caseload of up to five individual psychotherapy patients and may run psychotherapy groups, complete Sexually Violent Predators evaluations, complete routine psychological testing, do segregation rounds, participate in treatment team meetings, and observe Forced Medication hearings and other administrative meetings.

Cooper University Hospital 3 Cooper Plaza, Ste. 102A Camden, NJ 08103 1935 East Rt. 70 Cherry Hill, NJ 08034 Phone: 856-667-3330



Clinical Supervisors: Andrea Casher, PsyD, ABPP; Mark Rader, PhD; Merin Campbell, PsyD

<u>Site Description:</u> Cooper University Hospital's Neuropsychology Lab provides inpatient and outpatient neuropsychological services. The position will involve intensive training in adult and geriatric neuropsychological assessments, conducting diagnostic interviews, and writing comprehensive neuropsychological evaluations. Responsibilities include test administration, behavioral observations, case conceptualization, and report writing (as time permits). The Intern will be exposed to a diverse adult patient population (e.g., head injury, dementia, movement disorders, brain tumors, multiple sclerosis, epilepsy, stroke and vascular disease, and psychiatric disturbances) and will learn basic neuropathology. The Intern will work in both the Cherry Hill and Camden locations.

The Jefferson Outreach Program
Thomas Jefferson University
Department of Psychiatry and Human Behavior
833 Chestnut East
2nd floor, Suite 210E
Philadelphia, PA 19146

Clinical Supervisor: Emily Loscalzo, Psy.D.



<u>Site Description</u>: The Jefferson Outreach Program (Outreach) is an outpatient substance abuse recovery program designed specifically for people who are struggling to find recovery from substances while also trying to deal with mental health issues. The program serves individuals who have either initiated or maintained some level of abstinence from substances or demonstrate a level of substance use that does not require more intensive treatment. Program staff focus on empowering people to make a recovery into a process in which they better themselves holistically: psychologically, physically, socially, and spiritually. Interns are responsible for providing individual psychotherapy with a caseload of approximately 5 patients.

Rutgers University Health Services Student Health Center Rutgers-The State University of New Jersey 326 Penn Street Camden, New Jersey 08102

**Associate Director of Psychological Services:** Neuza Maria Serra, Psy.D.

#### **Clinical Supervisors:**

Daniel Gordon, Ph.D., Patricia Rice, Psy.D.



Site Description: This counseling center is part of the Rutgers University Health Services Center located in Camden, New Jersey. It is an outpatient facility that offers counseling on an appointment basis from 8:30 AM until 4:30 PM Monday through Friday. All full-time undergraduate and graduate Rutgers-Camden students are eligible to receive services, as well as part-time students who have paid for BASIC student health insurance. Psychological counseling services are available to help students successfully handle stresses and challenges in their academic, professional, and personal lives. Students can receive individual and/or group psychotherapy. Psychiatric consultations for the use of supportive medications are available as are psychological evaluations and crisis intervention. Individual or group alcohol, drug and nicotine counseling is available for students who are concerned about their use of these substances. Psychiatric services are provided by a consulting psychiatrist.

#### Appendix B

#### PSYCHOLOGY INTERNSHIP PROGRAM TRAINING STAFF

\*Therapy/Primary Supervisors

<u>Dr. Rebecca Andriole</u> received her PsyD from Argosy University, Northern Virginia campus after completing her pre-doctoral internship at Saint Elizabeths Hospital in Washington, DC. She began the postdoctoral residency at Saint Elizabeths Hospital and completed her licensure hours at Joseph J. Peters Institute in Philadelphia, PA, an agency that evaluates and treats trauma survivors and those convicted of sex offenses and interpersonal/domestic violence. Dr. Andriole is a certified provider of Prolonged Exposure (PE) Therapy and received her certification as a PE Therapy Consultant for trainees. She also received formalized training in Trauma-Focused Cognitive Behavior Therapy (TF-CBT) and Dialectical Behavior Therapy (DBT). Dr. Andriole is currently the psychologist on Larch B and part of a clinical team implementing DBT skills training on the ward. She is licensed in Pennsylvania and New Jersey.

\*Dr. Louis C. Becker received his Psy.D. in Clinical Psychology from the Philadelphia College of Osteopathic Medicine in 2006. Additionally, he earned an MSW from the University of Pennsylvania School of Social Policy and Practice in 1994. His primary orientation is cognitive-behavioral, and he has extensive experience working in community mental health, outpatient therapy (families, groups and individual), applied behavioral analysis, and forensic psychology. His interests include the treatment and assessment of sex offenders, and he is currently assigned to Holly Hall B, the male forensic unit with individuals who fall under Megan's law. Dr. Becker is a New Jersey Licensed Psychologist and has been an adjunct professor at several local colleges.

\*Dr. John Bishop joined the staff of APH in December 2008. He received his Ph.D. in Clinical Psychology from Nova Southeastern University in 2003 and is licensed in New Jersey and Pennsylvania. He interned at San Antonio State Hospital in Texas. He previously earned an M.S.W. from the University Of Hawaii School Of Social Work in 1993. His primary orientation is psychodynamic, but has experience in using cognitive-behavioral methods, family therapy, group therapy, and relapse prevention. He has clinical experience in outpatient settings, treating children and adolescents with behavioral problems such as aggression, noncompliance, and sexual acting out, as well as utilizing family behavior management. He has also worked with forensic populations, including male batterers and adolescent sex offenders, with a specialty in the forensic assessment of child sexual abuse.

<u>Dr. Christopher Edwards</u> received his Ph.D. in Clinical Psychology with an emphasis in diversity and community mental health from Palo Alto University in Palo Alto, CA in 2018. His clinical experiences have focused on providing treatment to individuals with severe mental illness in various community mental health settings including inpatient, outpatient, residential, and mobile crisis. He utilizes an integrated theoretical orientation that is primarily personcentered. Dr. Edwards has been involved with research related to the development of empirically-based principles in integrated psychotherapy (i.e., Systematic Treatment Selection). He also has researched the effects of gender and sexual minority stress on therapeutic

outcomes. He works on Cedar D, the female positive behavioral support unit, supervising a team of 7 behavior support technicians and a board certified behavior analyst. This team is responsible for the development and implementation of behavioral interventions, including a token economy system and in-vivo community living skills coaching.

**Dr. Donna Gilles** received her Psy.D. in Clinical Psychology from La Salle University in 2005, with a specialization in child-clinical and family studies. She is licensed in New Jersey and has been working at APH since June 2008. Her primary theoretical orientation is cognitive-behavioral. She has worked in community mental health, outpatient, inpatient, residential, and school-based settings with a variety of client populations. She has experience working with eating disordered clients, children and adolescents, geriatric and medical populations. She is currently assigned to F-2 unit in the Main Building, a coed geriatric unit.

\*Dr. Troy Heckert received his Psy.D. in Clinical Psychology from the Philadelphia College of Osteopathic Medicine in 2006. His primary orientation is cognitive-behavioral, and he has experience working in a variety of settings including: correctional facilities, community mental health, partial hospital, residential treatment facilities, outpatient (family, couples, group, and individual therapy), family-based (in-home) services, and a university setting. His clinical interests include personality disorders, health psychology, forensic psychology, and CBT. He is an Admissions Unit Psychologist. Dr. Heckert is licensed in New Jersey.

\*Dr. Dana Kiess received her Psy.D. in Clinical Psychology from LaSalle University and is licensed in New Jersey. She completed her pre-doctoral internship at Friends Hospital in Philadelphia, PA, and postdoctoral residency at APH. Her primary orientation is cognitive-behavioral, and she has experience working in psychiatric hospitals, community mental health, outpatient substance abuse programs, and college counseling. Her professional interests include SPMI, trauma, trauma-informed care, and psychological assessment. Dr. Kiess is currently the psychologist on Cedar Hall B. This is a male unit for individuals with mental illness and developmental and/or intellectual disabilities, and is one of the positive behavior support units in the hospital. She supervises a team of 7 Behavior Support Technicians and a board certified Behavior Analyst.

**Dr. Karen Kohaut** received her Psy.D. in Clinical Psychology from the Institute for Graduate Clinical Psychology at Widener University in 2009. Dr. Kohaut's primary orientation is cognitive behavioral, and she has worked in inpatient, residential and school settings with a variety of patient populations. Dr. Kohaut has expertise in working with dually-diagnosed, mentally ill, substance abusing patients and is also a Pennsylvania certified school psychologist. Dr. Kohaut has professional interests in the treatment of mentally ill substance abusers, motivational interviewing, evidence-based practice, biofeedback, and psychological assessment. Dr. Kohaut currently serves as a unit psychologist on Holly Hall A, a male forensic unit. She is licensed in New Jersey.

\*Dr. Monica Malone joined the Ancora staff in 2000, after completing her internship here. Her previous experience includes extensive work with people having developmental disabilities, including developing Animal Facilitated Therapy programs, such as therapeutic riding, and other

innovative therapies, such as rowing. She also works with substance abuse problems and holds the APA Certificate of Proficiency in Alcohol and other Substance Related Disorders. Other areas of interest include sleep disorders, law and ethics, horticultural therapy and facilitating change. Her current work with people who have schizophrenia includes cognitive remediation and Metacognitive Training. She earned an M.S. and Psy.D. in Clinical Psychology from Philadelphia College of Osteopathic Medicine and an M.A. from United States International University in California. She is a Certified Rehabilitation Counselor and is licensed as a Psychologist in New Jersey and Pennsylvania. Her theoretical orientation is humanistic and she serves as the Acting Administrator of Psychological Services, as well as the Director of the internship.

<u>Dr. Donjae Markey</u> completed her internship at Greystone Psychiatric Hospital, Ancora's sister hospital. She works on the Dialectical Behavior Therapy Unit, Larch B, and helped with the implementation of the DBT informed Skills System for Cognitively Challenged Clients on Cedar B and D.

\*Dr. Leland Mosby received his Ed.D. in Developmental Psychology from Argosy University Sarasota Campus and completed post-doctoral studies in Clinical Psychology at the Forrest Institute of Psychology. He also holds a D. Min degree from Midwestern Seminary at Kansas City, MO, with a specialty in counseling. Dr. Mosby completed a two-year certification Program in Family Therapy at the Menninger Foundation. He has over 1000 hours of training and experience in Forensic Psychology. He is a former Director of Psychology for the New Jersey Department of Corrections and he also was Chief Forensic Psychologist for the Division of Mental Health Services. Dr. Mosby provided scheduled programs on forensic issues and acted as a liaison from Central Office. He also currently teaches forensic psychology classes at West Chester University in Pennsylvania. Dr. Mosby is a New Jersey licensed psychologist, working on Holly D, a male forensic unit.

**Dr. Regina O'Connell** received her Ph.D. in Clinical Psychology, with a specialization in Clinical Neuropsychology, from Michigan State University. Dr. O'Connell has extensive clinical experience in neuropsychological assessment with geropsychiatric, traumatic brain injured, learning disabled and developmentally disabled populations in inpatient, residential, and outpatient settings. She is interested in neuropsychological assessment of executive and self-regulatory functioning. Clinical interests include assessing character structure, adjusting therapeutic technique for psychotic and personality disordered patients, and making diagnostic/therapeutic use of countertransference. Dr. O'Connell is currently a psychologist on Holly Hall C. She serves as a diagnostic/therapy supervisor and conducts didactics on neuropsychological assessment and behavioral support planning.

**Dr. Neil Rigney** earned his doctorate in clinical psychology and his Master of Science from Chestnut Hill College. He is proficient in therapy, assessment and research. His orientation is informed by psychodynamic principles but he utilizes an integrative approach to psychotherapy, tailoring treatment to the needs of each patient. He has experience across multiple settings, providing psychological services to a wide-range of treatment populations. Previous experiences include community outpatient, college counseling, private practice (neuropsychological assessment), partial-care, and rehabilitation settings. Areas of interest include psychological

assessment, health psychology, veteran's issues, and personality disorders. He is currently assigned to Birch C, a co-ed admissions unit at APH.

<u>Dr. Kaitlin Weldon</u> received her Psy.D. from Immaculata University in 2017, after earning an M.S. in Clinical/Counseling Psychology from Chestnut Hill College in 2012 and is licensed in New Jersey and Pennsylvania. She has worked in a variety of settings, including community mental health, outpatient (family, couples and individual therapy), college counseling, inpatient, partial hospitalization programs and residential substance abuse programs, utilizing an integrative approach to therapy with an emphasis on cognitive behavioral and psychodynamic principles. Her professional interests include: severe and persistent mental illness, trauma and relationships. She is currently the unit psychologist on Larch Hall A, a male unit, and has been serving as the Intern Liaison.

#### **Appendix C**

#### INTERNSHIP PROGRAM TABLES

Date Program Tables were updated: <u>December 10</u>, 2019

#### **Internship Program Admissions**

Briefly describe in narrative form important information to assist potential applicants in assessing their likely fit with your program. This description must be consistent with the program's policies on intern selection and practicum and academic preparation.

The Ancora Psychiatric Hospital (APH) Clinical Psychology Internship Program is designed to provide a well-rounded, diverse training experience in the treatment and assessment of individuals with serious and persistent mental illnesses, equipping students with the skills needed to function as entry-level psychologists in similar settings. The program aims to foster a strong professional identity for the entry-level psychologist and to encourage lifelong engagement in the dynamic process of professional competency. The full-time internship offers 1750 hours of training, consistent with the licensing requirements of the State of New Jersey. The program is able to accommodate those individuals who would like to accrue 2000 hours during the year in order to meet the requirements of their graduate program or state licensing board.

The program provides experiential training in the following areas of professional competency: psychotherapy, assessment, consultation and interdisciplinary healthcare, supervision, research, professional conduct and attitudes, professional communication and interpersonal behavior, ethics/legal matters, and individual and cultural diversity. Interns should expect a balance of clinical work, supervision, and didactic training within an environment that is both encouraging and challenging. To promote the greatest breadth and depth of experience, the intern's week generally includes two days of therapy training, one day of assessment training, one day at an affiliated site, and typically one day in didactic training.

Application materials to be submitted for consideration by **November 26, 2019**:

- 1. Transcripts of all graduate work
- 2. Three letters of recommendation (preferably from clinical supervisors)
- 3. A curriculum vitae or resume
- 4. A recent, integrated psychological evaluation
  - This work sample should be a copy of an integrated psychological evaluation, completed within the past 24 months, with the applicant's name and the supervising psychologist's name and title. All patient identifying information should be removed. An integrated psychological evaluation, for this purpose, is defined as an evaluation that organizes and integrates historical information, clinical interview findings, and testing results into one cohesive report which addresses a referral question and concludes with diagnoses and treatment recommendations.

Does the program require that applicants have a minimum number of hours of the following at time of application? If yes, indicate how many.

	Yes/No	Amount
Total Direct Contact Intervention Hours	YES	500
Total Direct Contact Assessment Hours	YES	50

#### Describe any other required minimum criteria used to screen applicants.

Applicants must have graduated from an accredited college or university with a Bachelor's Degree, supplemented by a Master's Degree (or equivalent as certified by the applicant's university training director) from an accredited college or university. Candidates must be enrolled in a doctoral program in applied psychology (clinical or counseling) at an accredited university or professional school and must be approved by their Training Director for the internship. Successful applicants should have completed graduate course training in each of the following areas:

- 1. Coursework in the following:
  - o Personality development and psychopathology
  - Theories of learning
  - Objective and projective assessment
  - o Psychotherapeutic intervention
  - o Intellectual/cognitive assessment
  - o Research design and statistical analysis
- 2. Minimum graduate practicum experience:
  - Psychotherapy experience
  - o 500 doctoral intervention hours
  - o **50** doctoral assessment hours
  - o **Three** integrated psychological reports
  - Three clinical reports that included the administration, scoring, and interpretation
    of the WAIS-IV
  - o **One** clinical report that included the administration, scoring, and interpretation of the Rorschach Inkblot Test using an empirically supported scoring system

#### Financial and Other Benefit Support for Upcoming Training Year

Annual Stipend/Salary for Full – Time Interns	\$30,951
Annual Stipend/Salary for Half-Time Interns	n/a
Program provides access to medical insurance	No
Hours of Annual Paid Vacation Time	67.2
Hours of Annual Paid Administrative Leave Time	33.6
Hours of Annual Paid Sick Time	84

In the event of medical conditions and/or family	Yes
needs that require extended leave, does the	
program allow reasonable unpaid leave to	
interns/resident in excess of personal time off and	
sick leave?	

#### Other Benefits (please describe)

Interns receive 12 Paid Holidays. Depending on when the intern's affiliated site training day is and whether that day falls on a holiday or not, the final salary may increase or decrease accordingly.

In the event of an injury, interns will receive Workman's Compensation. Interns may also be enrolled in the pension plan.

#### **Initial Post-Internship Positions**

Aggregate Tally for the Preceding Three Cohorts

Total number of interns who were in the three cohorts	9	
Total number of interns who did not seek employment because they returned to their doctoral program/are completing doctoral degree	0	
doctoral program/are completing doctoral degree	Post-Doc	<b>Employment Position</b>
Community mental health center		1 0
Federally qualified health center		
Independent primary care facility/clinic		
University counseling center		
Veterans Affairs medical center	1	
Academic health center		
Other medical center or hospital	1	1
Psychiatric hospital		1
Academic university/department		
Community college or other teaching setting		
Independent research institution		
Correctional facility	1	2
School district /system		
Independent practice setting	1	1
Other		
Not currently employed		
Changed to another field		
Unknown		